

Official Visit Report
DAV Post Graduate College, BHU, Varanasi
(Under MoU Activities)

Date of Visit: 21st April 2025

Place of Visit: Indian Institute of Cerebral Palsy & Handicapped Children, Varanasi

A group of postgraduate students from the department of Psychology (Clinical Psychology, Organisational Behaviour, and PG Diploma programs) of DAV PG College, BHU, Varanasi, conducted an official educational visit to the Indian Institute of Cerebral Palsy & Handicapped Children on 21st April 2025. The visit was organized under the esteemed guidance of Professor Satya Gopal Jee (Ex- Acting Principal, DAV PG College) and, Professor Richa Rani (Head of the Department).

The primary objective of the visit was to explore the real-time therapeutic environment and gain practical insights into the rehabilitation processes followed at the centre. Dr. Ashok Rai, MD(Ped) PHD, Sr. Consultant Pediatrician & Developmental Neurologist, FIAP, FIAMS, FACI , the Director of the centre, while the coordinator Mr. Rajnikant Singh, warmly welcomed the team and ensured smooth coordination throughout the visit. A special interactive session was held with Mr. Rajnikant Singh, who is a skilled speech therapist and special educator. Students actively participated in a group discussion where Mr. Singh elaborated on differential diagnosis of conditions such as Autism Spectrum Disorder, ADHD, comorbidities, and other developmental disorders.

The team also interacted with other special educators Ms. Nidhi Tripathi, Ms. Shikha Maurya, and Ms. Pooja Pasi, while observing their engagement with the children. A detailed tour of the occupational therapy room provided hands-on exposure to various equipment and therapeutic tools used in the treatment and assistance of special children. The students noticed the minute differences between ADHD and Autism specifically which could completely change the case or disorder in any human body through live examples, they were provided with the opportunity to not only observe and know the special kids enrolled there, but also what are the thoughts and support of their parents. All the things which students explored gave them a new perspective of society and hardships a person might go through just because they gave birth to a special child, when they learned the positivity psychology is spreading, they were also given

the reality check of lack of knowledge in many specialised Physicians in small towns of country.

The students learned about various therapies provided at the centre, including Speech Therapy, Multisensory Environment (MSE), Occupational Therapy (OT), Case History documentation, and Differential Diagnosis (DD). The visit was a highly enriching experience, providing invaluable exposure to applied practices in the field of rehabilitation and special education.

The students were guided about the practicality of psychology domain and what all they can achieve with consistent hardwork, the field of developmental psychology especially concerning young children is vast and is continuously searching for good practitioners who can take up the role of Counsellors or Psychologists as to guide people and spread awareness.

While encouraging students to work and become successful psychologists and counsellors in their interested fields, Mr. Singh also humbly did open the doors of their institute for students for internships opportunities, which could be the stepping stone of many of DAV's students bright successful future for which the students warmly shared their gratitude thanking them.

Some personalised reviews of students who were present are-

“ The interactive session and guidance which sir provided, did escalate my will to do more for humanity and country by consistently working on myself with full determination, diligently to become a better psychologists. Also observing the childing there did implant empathy and now I have a better understanding of how a minute crack in development of a child can shape the future of one. So I'm extremely grateful towards my faculty for being able to attend this.” ~ *Shubhi Jain*

“ I had a very positive experience at the child development center! It's wonderful to saw that the staff were kind and that the center provided a supportive environment with various therapies. This is a great foundation for helping children thrive.” ~ *Rudra*

“ Yesterday's experience was very good. I got to know and understand new things.I am very happy that I attended it. it's really helpful for disabled children.” ~ *Ruheer*

“ Visit to the cerebral palsy and autism center in Kamla Nagar, Sagra, Varanasi, was likely a heartwarming and eye-opening experience, showcasing the resilience and potential of children

with special needs. Interacting with the kids and witnessing their progress in special education left a lasting impression on me” ~ *Minhaaz*

“I had the wonderful opportunity to visit the Indian Institute of Cerebral Palsy and Handicapped Children on the 21st of April, 2025, through my college, and I am truly grateful for the experience. It was an enriching learning opportunity where we gained first-hand insight into working with children with autism and cerebral palsy, and also learned about ADHD. The staff and authorities at the institute were deeply passionate about their work, and their dedication was truly inspiring. It is always a privilege to learn from experts in the field, and this visit was both educational and heartwarming.” ~ *Richa*

“During my visit to the Cerebral Palsy Institute, I had the opportunity to observe environmental and therapeutic interventions.... It was heartening to see how patiently and skillfully the staff interacted with the children. Therapists appeared attentive and caring, using visual aids, sensory tools and positive reinforcement techniques. Children responded well, and many appeared comfortable and engaged during the sessions.” ~ *Shrejal*

“As a student, visiting the Child Development Centre was truly inspiring. I learned a lot about therapy, compassion, and real-world care. It was a meaningful experience that I'll always carry with me.” ~ *Vasavi*

“Visit to the cerebral palsy and autism center in Kamla Nagar, Siga, Varanasi, was likely a heartwarming and eye-opening experience, showcasing the resilience and potential of children with special needs.” ~ *Annu*

“A truly heartwarming place. The love, patience, and care shown by the team at this centre is beyond words. Every child is treated with dignity, and the progress they achieve is beautiful to witness.” ~ *Srishti*

“The visit offered valuable insights into the rehabilitation services, educational programs, and assistive technologies provided to children with special needs. We observed the compassionate approach of the staff and the positive environment that fosters the development and empowerment of differently-abled individuals. This experience deepened our understanding of inclusive care and the importance of early intervention in rehabilitation. Grateful to our college

and the institute for this meaningful exposure. Experiences like these not only expand our academic understanding but also deepen our emotional and professional commitment to the field of psychology and rehabilitation.” ~ *Akhil*

“I had the privilege of visiting the cerebral palsy centre, it left a lasting impact on me, really a very-very eye-opening experience, learned about autism and ADHD also the differences between autism and ADHD. This centre is doing great work. I really want to explore more.”
~ *Anshi Priya*

ATTACHMENTS











